

## ViSalus Go™ Competitor Comparison Chart

	MLM				RETAIL							
	ViSalus GO™ Shot Grape Fusion	VEVMA Verve	AMWAY XS Energy Shots Wild Berry Flavor	MONAVIE Emv **	5 HOUR ENERGY (Living Essentials)	STACKER 2.6 Hour Power	EXTREME 6 HOUR Energy Shot	RED BULL Energy Shot*	GNC Pure Sport Energy Shot – Grape	E-BOOST Super Berry Energy Shot	ZIPIZZ Energy Shot – Grape	ASPEN FITNESS On Go Energy Shot
<b>Serving size</b>	<b>2 oz.</b>	2 oz.	2.5 oz.	8.4 oz.	2 oz.	2 oz.	2 oz.	2 oz.	2 oz.	2 oz.	4 oz.	2 oz.
<b>Price per serving</b>	<b>\$3.17</b>	\$2.83	\$3.24	\$3.00	\$2.99	\$1.58	\$2.99	\$2.99	\$2.50	\$3.25	\$1.88	\$2.99
Whole Grape Extract	Yes	No	No	No	No	No	No	No	No	No	No	No
Black Currant Extract	Yes	No	No	No	No	No	No	No	No	No	No	No
Cassis Pigment Extract	Yes	No	No	No	No	No	No	No	No	No	No	No
Rhodiola Extract	Yes	No	No	No	No	No	No	No	No	No	No	No
<b>VITAMINS</b>												
Vitamin E	<b>15 IU</b>	30 IU	No	No	No	No	No	No	No	No	No	No
Thiamin	<b>1.5 mg</b>	0.75 mg	No	No	No	No	1.5 mg	No	No	No	3 mg	1.5 mg
Vitamin B6	<b>2 mg</b>	2.5 mg	Yes	4 mg	40 mg	40 mg	40 mg	Yes	50 mg	2 mg	4 mg	40 mg
Niacin	<b>20 mg</b>	10 mg	Yes	40 mg	30 mg	20 mg	33 mg	n/a	30 mg	15 mg	15 mg	33 mg
Pantothenic Acid	<b>10 mg</b>	5 mg	Yes	20 mg	No	No	No	No	No	No	10 mg	No
<b>OTHER INGREDIENTS</b>												
Isomaltulose^	Yes	No	No	No	No	No	No	No	No	No	No	No
Citruline Malate	Yes	No	No	No	No	No	No	No	No	No	No	No
Caffeine	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
Glucuronolactone	Yes	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes
L-Theanine	Yes	No	No	No	No	No	No	No	No	No	No	No
Black Pepper Extract	Yes	No	No	No	No	No	Yes	No	No	No	No	No
Resveratrol	Yes	No	No	No	No	No	No	No	No	Yes	No	No

\*Ingredients not available, but according to manufacturer the ingredients are the same as the classic Red Bull

\*\*noted as an energy drink rather than an energy shot

^Isomaltulose: a low-insulinemic sweetener that supports improved fat oxidation during physical activity as high insulin levels hinder the use of lipids as an energy source. Isomaltulose can increase the amount of fat used as energy, thus enhancing performance endurance. It is naturally found in honey and sugar.

Competitive Brands Ingredients on Label: Full and/or partial list

**Vemma Verve**

Vitamins A, C, D3, B12, Folate, Taurine, D-Ribose, Mangosteen Extract, Aloe Vera Gel, Green Tea Leaf

**Amway XS Energy Shots**

Taurine, Herb Blend (Eleutherococcus, Senticosus (root), Panax Ginseng (root), Panax Quinquefolium (root), Schisandra, Astragalus, Reishi), Carrot extract

**Monavie Emv**

Palatinose, D-ribose, guranax extract, green tea extract, cha de gurge extract, maca extract, yerba mate extract panax ginseng extract, L-tyrosine

**Living Essential 5 Hour Energy Shot**

Vitamin B12, Taurine, Folic Acid, Glucuronic acid, Malic acid, N-Acetyl, L-Tyrosine

**Stacker 2 6 Hour Power**

Folic Acid, Vitamin B12, N-Acetyl L Tyrosine, L-Phenylalanine, Amylase, Protease, Lipase, Cellulase, Lactase

**Extreme Energy 6-Hour Shot**

Riboflavin, Taurine, N-Acetyl, Theobroma Cacao Extract, Green Tea Extract, Mangosteen extract, Goji Extract

**Red Bull Energy Shot**

Taurine, Sucrose & Glucose

**Pure Sport Super Energy Shot**

**E-Boost Super Energy Shot**

Folate, Vitamin B12, N-Acetyl, L-Tyrosine, Taurine, L-Carnitine

Folate, Vitamin B12, Zinc, Selenium, Chromium, Green Tea Leaf, Elderberry Fruit Extract, N-Acetyl-L-Tyrosine, Blueberry fruit extract, blackberry fruit extract, grape skin extract, maqui berry fruit extract, ginkgo biloba leaf extract, pomegranate concentrate, mango fruit extract, quercetin dehydrate, acai fruit extract, grape seed extract, resveratrol

**Zip Fizz Energy Shot**

Riboflavin, Vitamin B12, Taurine, Green tea leaf extract, L-Arginine, Ribose, Gotu kola leaf extract, American ginseng root extract, Korean ginseng root, Red ginseng root

**Aspen Fitness Products On Go Energy Shot**

Taurine, N-Acetyl, L-Tyrosine, Malic Acid, L-Phenylalanine, L-Glutamine, Ginseng, Amylase, Protease