

## ViSalus Vi-Trim® FAQ

### 1. What is the Vi-Trim® Clear Control Drink Mix?

Vi-Trim® helps calm hunger between meals, and can help prevent you from going off the program due to hunger. It is excellent between meals, or mixed into the shake for added hunger control. Traveling? Now you don't need to worry about buying sugary snacks or high sodium snacks on air planes or on the road. Simply mix Vi-Trim® into ViSalus NEURO™, the shake, or any beverage for extra support. This unique powder drink mix dissolves clear, and won't alter the taste of foods. It can be mixed into soups, cereals, or beverages. This is so unique, and so powerful, we filed a patent-application!

### 2. What are the primary benefits of Vi-Trim®?

Helps calm hunger between meals

Helps alleviate the stresses of dieting

Supports healthy blood sugar levels

Boots your body's natural metabolism and excretion of fat

### 3. What are the key ingredients in the Vi-Trim® Hunger Control drink mix?

- » Patent-pending formula to help control hunger, with
- » PEA to help manage the stress of dieting.
- » Patented form of Garcinia gambogia, clinically proven to suppress appetite and inhibit fat production.
- » Patented form of chromium clinically proven to help maintain healthy blood sugar levels, assist in energy production and promote healthy body weight.
- » L- Carnitine, derived from an amino acid, to help with energy while you lose weight.
- » L-Theanine helps with anxiety.
- » Acetyl-L-tyrosine for mood, to help make dieting easier.

### 4. Who can use the Vi-Trim®?

As with all products, we recommend that if you are pregnant or lactating, are a minor or child, have a serious medical condition such as cardiovascular disease, or have had a gastric bypass, that you speak to your physician before using this or any weight loss or nutritional supplement product. The products are intended to be used by many people. The Vi-Trim® for calming hunger (with your doctor's permission) may be used by teenagers.

### 5. How many can I take per day?

Vi-Trim® can be used 1-3 times per day. We don't recommend more than that, as we want to be sure that we do not curb hunger too much and then cut calories below healthy levels.