

DIETARY SUPPLEMENT: FACT SHEET

Omega Vitals: Available as a stand-alone or as part of Vi-pak®

> Support your body and mind with healthy essential oils!



SUPPLEMENT FACTS

SERVING SIZE	1 softgel	
	AMOUNT PER SERVING	% DAILY VALUE*
Calories	10	
Calories from fat	7	
Total Fat	1 g	1.5 %
Cholesterol	<5 mg	<1 %
Phosphatidylcholine	57.5 mg	**
Phosphatidylserine	2.6 mg	**
Natural Mixed Tocopherols	25 mg	**
Fish Oil	417 mg	**
Evening Primrose Oil (<i>Oenothera biennis L</i>) (seed)	125 mg	**
Flaxseed Oil (<i>Linum usitatissimum L</i>) (seed)	125 mg	**
Pumpkin Seed Oil (<i>Cucurbita pepo L</i>) (seed)	50 mg	**

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
** Daily value (DV) not established.

Other Ingredients: Soybean Oil and Softgel Capsule (Kosher Gelatin, Glycerin, Purified Water and Titanium Dioxide).

Directions: Take one softgel each morning and one each evening with water. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

Guarantee: These supplements are made with the finest scientific and natural ingredients to help you feel your best. None of our supplements contain any yeast, preservatives, artificial flavoring, wheat, corn or milk.

NOT RECOMMENDED FOR CHILDREN, PREGNANT OR LACTATING WOMEN OR THOSE TAKING BLOOD-THINNING MEDICATION. PLEASE CONSULT YOUR PHYSICIAN PRIOR TO USE.

Keep out of the reach of children. **Store in a cool, dry place.**

What is it?

Omega Vitals is a proprietary blend of Essential Fatty Acids to promote health, cognitive function and cardiovascular support.†

What does it do?

Essential Fatty Acids may not sound like they support your health, but they do. They provide the crucial building blocks for every cell membrane in your body and produce key ingredients for energy metabolism, cardiovascular health and immune health.†

Regular usage of Omega Vitals helps if you do not eat enough fish.

Not only are Essential Fatty Acids important to help maintain blood pressure and cholesterol levels that are already within the normal range, they also help support brain function and a healthy mood and appearance.†

Key ingredients

Proprietary Blend—purified essential oils from Fish, Evening Primrose, Flaxseed and Pumpkin Seed